

### You're not just a number

Connie L. Montgomery- Retired OTR/L; Global Patient Advocate and Author, MUSC Health; CHES Foundation Inc; PFCCpartners

Risa Tolbert, Radiation Therapist, Confident Care Health Services





## Agenda for Today

- → Introduction
- → Housekeeping
- → Presentation
  - Connie L. Montgomery, MUSC Health; CHES Foundation, Inc., PFCCpartners
  - Risa Tolbert, Radiation Therapist, Confident Care Health Services
- → Q&A
- → Wrap-up





### Housekeeping

- → This webinar is being recorded
- → We will email you the recording and slides
- → All questions and resources can be submitted through the chat feature







#### You're not just a number





Connie L. Montgomery
MUSC Health; CHES Foundation Inc; PFCCpartners

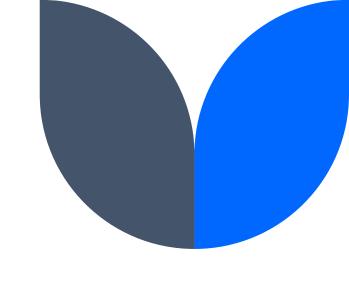


Risa Tolbert
Confident Care Health Services





## You're Not Just A Number Webinar – Camden Coalition June 29, 2023



By: Connie Montgomery, Global Patient Advocate; Keynote Speaker; Author and Retired Occupational Therapist also Risa Tolbert, RT(T) Radiation Therapist; Business Owner and National Speaker

### **Agenda**

- ❖ Introduction and welcome Connie Montgomery
- Primary goals and objectives of Webinar Risa Tolbert
- Self-check Pre-test: Define The 3 Models of Care and 2 ways to provide authentic, respectful communication and interactions with people you interact with peers and consumers = 5 questions
- ❖ Timeline of Activities: Define the 3 models of care with case study to support findings – Connie; share 8 Tips for authentic, respectful communication and interactions-Risa
- Role Play Activity
- Post Test Poll with the same 5 inquiries from Pre-test.
- Summary and close with Questions and Answers

#### Introduction

Welcome to the You're Not Just A Number Webinar. My name is Connie

Montgomery and I am a Global Patient Advocate with complex care needs and a retired occupational therapist. Today, my friend and co-presenter, Risa Tolbert and I will be sharing some practical tips you can implement immediately in your service delivery skill sets to improve and maximize health and health related experiences and outcomes. We both have lived experiences as patients, caregivers of our LOVED ONES and healthcare practitioners.

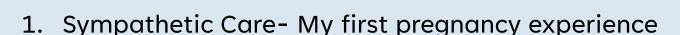
# Primary goals and Objectives

- Participants will identify a clear understanding of the 3 types of care: Sympathetic, Empathetic and Compassionate
- 2. Participants will demonstrate the importance of respectful, helpful and relevant healthcare communication

### **Pre-Test for Webinar {Self Check}**

- 1. Define the Sympathetic model of care with service delivery.
- 2. Define the Empathetic model of care.
- 3. Define the Compassionate care and please explain what makes it different and potentially a more effective model of care.
- 4. LIST ONE way to immediately enhance communication and interactions nonverbally with most individuals.
- 5. Please share ONE strategy to improve authentic and respectful communication with all individuals.





- 2. Empathetic Care- Ms. Player mom's nurse
- 3. Compassionate Care- Dr. Ming Lim one of my hematologist
- 4. The information shared in this slide can be considered and used in all types of customer/client services regardless of specialty service provided: social work, health support and clerical/administrative assistance.

Palliative Medicine
Volume 31, Issue 5, May 2017, Pages 437-447
© The Author(s) 2016, Article Reuse Guidelines https://doi.org/10.1177/0269216316663499



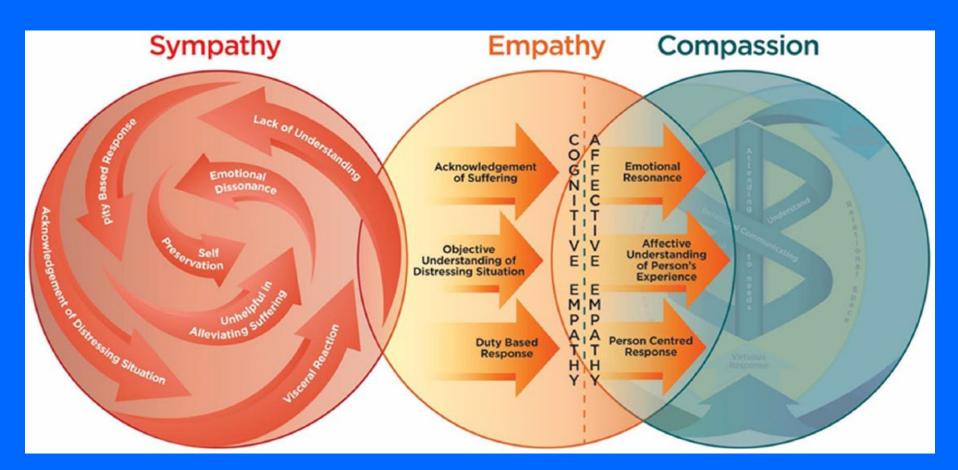
#### Original Article



Sympathy, empathy, and compassion: A grounded theory study of palliative care patients' understandings, experiences, and preferences

Shane Sinclair <sup>1,2</sup>, Kate Beamer <sup>1</sup>, Thomas F Hack <sup>3,4</sup>, Susan McClement <sup>3,4</sup>, Shelley Raffin Bouchal <sup>1</sup>, Harvey M Chochinov <sup>3,5</sup>, and Neil A. Hagen <sup>2,6</sup>





## Tips for Authentic, Respectful Communication

- 1. Be kind and respectful to each other
- 2. Make certain that all individuals present have been introduced and their roles (involvement) in care are known
- 3. Be present and committed to sit \*\*Make eye to eye contact\*\*
- 4. Listen deeply
- 5. Ask thoughtful questions
- 6. Wait for responses
- 7. Repeat information that is gathered to make certain that the information shared is correct
- 8. Consider other resources that may be needed due to social determinants of health expressed

### **Role Play Scenarios:**

- 1. Scenario A
- 2. Scenario B

What did you notice or observe in both scenes? Please unmute and respond after raising your hand or write your reply in the chat area.

## Comments, Questions and Answers ??????

Please raise your hand or write your reply in the chat area.





## For more information

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Nov. 1-3, 2023 in Boston, MA

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Also available:

- Sponsorship opportunities
- Interprofessional CEUs
- Discounts
- Virtual access for those unable to travel





## We want your feedback!

An evaluation survey will be sent out after this webinar

## Thank you!

#### **National Center for Complex Health and Social Needs**

An initiative of the Camden Coalition

www.nationalcomplex.care @natlcomplexcare

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