

Overview of Care Philosophies - Part 1

Authentic Healing Relationships



The National Center
for Complex Health and Social Needs



**SAMUEL
MERRITT**
UNIVERSITY



Camden Coalition
of Healthcare Providers

Building a Foundation

The concept of an **authentic healing relationship** was first identified through consumer interviews conducted by the Camden Coalition of Healthcare Providers in 2013. Individuals with complex health and social needs who had participated in the Camden Coalition's care management intervention pointed to the strong relationships their Camden Coalition team members had built with them as the key to the intervention's success.



Authentic Healing Relationships Are...



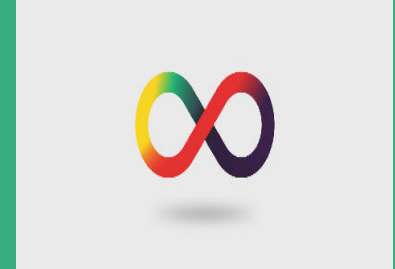
Secure

We engage with people in a way that is **accepting, present, reliable, and attentive.**



Genuine

We form relationships that are **nurturing, honest, respectful and interested in the individual.**



Continuous

We **show up regularly, follow-through, and do what we say we are going to do when we say we will do it.**



**What does an authentic
healing relationship look like?**





Discussion:

What stands out about Brian and Charlie's Relationship?



Underlying Care Philosophies

- Motivational Interviewing
- Empathy
- Trauma Informed Care
- Harm Reduction
- Unconditional Positive Regard

